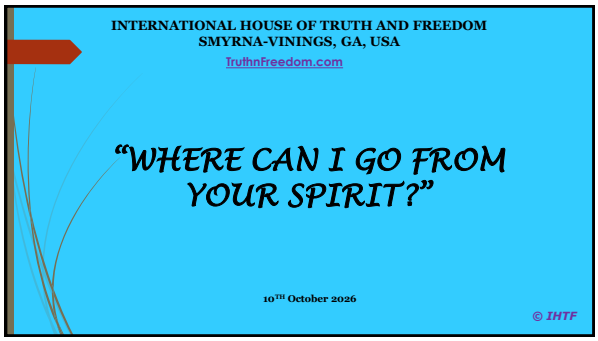
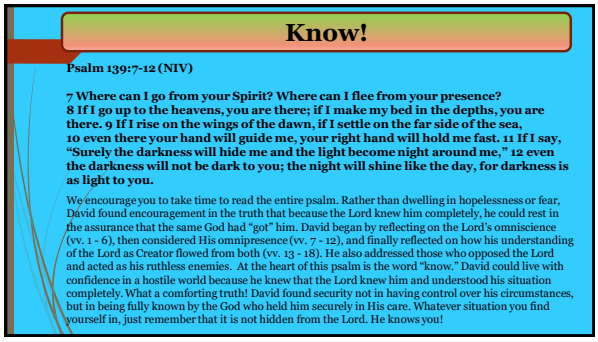
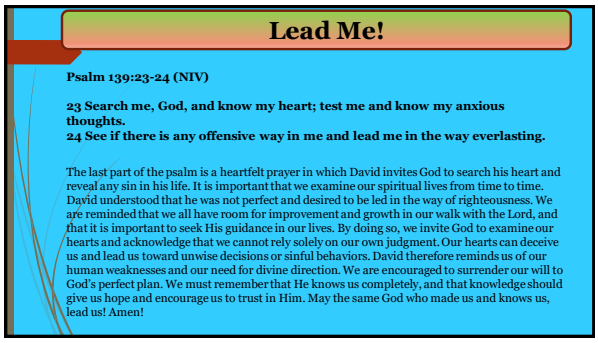

INTERNATIONAL HOUSE OF TRUTH AND FREEDOM
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"WHERE CAN I GO FROM YOUR SPIRIT?"
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1


Know!
Psalm 139:7-12 (NIV)
7 Where can I go from your Spirit? Where can I flee from your presence?
8 If I go up to the heavens, you are there; if I make my bed in the depths, you are there. 9 If I rise on the wings of the dawn, if I settle on the far side of the sea,
10 even there your hand will guide me, your right hand will hold me fast. 11 If I say, "Surely the darkness will hide me and the light become night around me," 12 even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.
We encourage you to take time to read the entire psalm. Rather than dwelling in hopelessness or fear, David found encouragement in the truth that because the Lord knew him completely, he could rest in the assurance that the same God had "got" him. David began by reflecting on the Lord's omniscience (vv. 1 - 6), then considered His omnipresence (vv. 7 - 12), and finally reflected on how his understanding of the Lord as Creator flowed from both (vv. 13 - 18). He also addressed those who opposed the Lord and acted as his ruthless enemies. At the heart of this psalm is the word "know." David could live with confidence in a hostile world because he knew that the Lord knew him and understood his situation completely. What a comforting truth! David found security not in having control over his circumstances, but in being fully known by the God who held him securely in His care. Whatever situation you find yourself in, just remember that it is not hidden from the Lord. He knows you!

2


Lead Me!
Psalm 139:23-24 (NIV)
23 Search me, God, and know my heart; test me and know my anxious thoughts.
24 See if there is any offensive way in me and lead me in the way everlasting.
The last part of the psalm is a heartfelt prayer in which David invites God to search his heart and reveal any sin in his life. It is important that we examine our spiritual lives from time to time. David understood that he was not perfect and desired to be led in the way of righteousness. We are reminded that we all have room for improvement and growth in our walk with the Lord, and that it is important to seek His guidance in our lives. By doing so, we invite God to examine our hearts and acknowledge that we cannot rely solely on our own judgment. Our hearts can deceive us and lead us toward unwise decisions or sinful behaviors. David therefore reminds us of our human weaknesses and our need for divine direction. We are encouraged to surrender our will to God's perfect plan. We must remember that He knows us completely, and that knowledge should give us hope and encourage us to trust in Him. May the same God who made us and knows us, lead us! Amen!

3