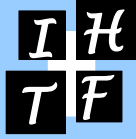


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THE POWER OF QUIETNESS

1 – Still Small Voice

1 Kings 19:11-14 (NKJV)

11 Then He said, "Go out, and stand on the mountain before the Lord." And behold, the Lord passed by, and a great and strong wind tore into the mountains and broke the rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; **12** and after the earthquake a fire, but the Lord was not in the fire; and after the fire a still small voice.

Wind, earthquake and fire are forces in nature that are so visible. Their effects may be felt over long distances. God can choose to show Himself in any of these acts but this account of God revealing Himself to Elijah was different. God chose to reveal Himself in a still small voice. God is powerful in quiet times, so seek stillness, engage in prayer and meditation in a quiet place, read and meditate on scripture in a quiet place to allow the words to speak to your heart and direct your thoughts.

2 – God Sees in Secret and Quietness

Matthew 6:6 (NKJV)

6 But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Jesus encouraged his disciples to pray in a secret place and they would be rewarded by God who sees in secret. This is as opposed to doing things to be seen by others. He told them not be like the hypocrites who loved to pray standing in the synagogues and on street corners to be seen by others. Then God, who likes quietness and sees what is done in secret, will reward them. There is a time to shout and a time to be quiet. Finding God in quiet times and places involves intentionality. This is what Jesus emphasized. This involves finding a quiet place, and seeking stillness and solitude to connect with God. This is not only through prayer but also meditation and reading the word. It may involve just waiting for the Spirit of God to speak to you. It is a way to develop a solid relationship with God!

3 - Take Away

In quietness, we become still so we may know He is God. Finding God in quiet times and places involves intentionality. This involves finding a quiet place, and seeking stillness and solitude to connect with God. This is not only through prayer but also meditation and reading the word. It may involve just waiting for the Spirit of God to speak to you. It is a way to develop a solid relationship with God!