



1

Our Spiritual Capital

Colossians 2:6-7 (KJV)
"As ye have therefore received Christ Jesus the Lord, so walk ye in him: Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving."

Capital is something valuable that can be accumulated and drawn upon when needed. Sociologists recognize various forms of capital, including social, cultural, intellectual, economic, human, political, and ecological capital. There is, however, another form of capital that is essential for every believer to cultivate: spiritual capital. Our spiritual capital is rooted in placing our faith entirely in the Lord Jesus Christ and in "living, and moving, and having our being" in Him. Just as we nurture other valuable resources, we must intentionally nurture and grow our spiritual capital so that we can draw upon it when life's challenges arise. We build our spiritual capital by consistently trusting in the Lord through every season of life, investing our time, hearts, and resources in our relationship with Him, and remaining firmly rooted in His Word. Think of it as a spiritual bank account: through daily prayer, obedience, worship, and fellowship with God, we make spiritual deposits that strengthen our faith and deepen our dependence on Him. These deposits prepare us to stand firm and draw strength from Him during seasons of uncertainty, hardship, and trial. Our spiritual capital also equips us to live out our faith in practical ways. It shapes our moral choices, inspires us to serve others, and sharpens our spiritual discernment as we navigate the decisions of everyday life.

2

Building and Preserving Our Capital

Mark 12:30 (NIV)
30 Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.

The best way to invest in our spiritual capital is to love the Lord with all our heart, soul, mind, and strength. This love should be the foundation of our lives and the guiding principle behind all that we do. There are several practical ways to build our spiritual capital. These include walking in step with the Holy Spirit and cultivating the fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22-23). We also build our spiritual capital through acts of kindness, sharing our resources with others, and acknowledging God's faithfulness and the breakthroughs He brings into our lives with hearts of gratitude. Above all, we must remain steadfast in prayer, praying without ceasing, and continually reading, studying, and meditating on the Word of God. Just as important as building our spiritual capital is protecting it from being depleted. We must regularly examine our lives and be mindful of the following: (i) Not consuming or depleting your spiritual capital through repeated sin, neglect, or worldly distractions, (ii) not quenching the Spirit by allowing bitterness, unforgiveness, or negative influences to extinguish your zeal, and (iii) avoiding lukewarmness or complacency, which is losing the passion and fervor to love and serve the Lord as He has called us to do. May we be intentional about building and preserving our spiritual capital, remaining rooted in Christ and allowing His love to govern every aspect of our lives. So help us God! Amen

3